| My Goals | | | | | |
|-------------|--------------------|------|--------------------------------------|--|--|
| Description | Timing (months) | Cost | Monthly Savings Goal ¹ | | |
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Is your goal...

- $\sqrt{}$ Personal Does it represent **you?**
- $\sqrt{}$ Specific Is it sufficiently descriptive that you will know whether you achieved it?
- $\sqrt{}$ Measurable Can you measure success?
- $\sqrt{}$ Attainable Is it realistically achievable?
- $\sqrt{}$ Time bounded When you expect this to be done? ²
- $\sqrt{}$ Aligned Is your family on board?

| Example | | | | |
|-------------------------------|--------------------|----------|-------------------------|--|
| Description | Timing (months) | Cost | Monthly Savings Goal | |
| Save a \$1,000 emergency fund | 6 | \$1,000 | \$167 | |
| Pay off credit card debt | 24 | \$12,000 | \$500 | |
| Family vacation! | 12 | \$2,400 | \$200 | |

¹ Simply take your goal and divide it by the number of months

² Setting realistic timeframes often requires that you complete your self-assessment / spending plan so you can iterate this as needed!